



Suzanne Pelkey

REALTOR, CRS

01512847

Coldwell Banker Realty

8305 Prunedale North Road, #117

SALINAS, CA 93907

Phone: 831-206-3359

Fax: 831-626-2220

suzanne.pelkey@cbnorcal.com

SuzannePelkey.com

National Safe at Home Week Begins August 21

by homewarranty.com

The last week of August is **National Safe at Home Week**. According to the Home Safety Council, around 21 million people are treated every year for home accidents - and most are preventable. Here are our top home safety tips:

KITCHEN

- When cooking, do not leave children unattended in the kitchen, even for a few moments.
- Properly store harmful cleaners away from children and pets.
- Keep flammable objects like kitchen towels, away from open flame appliances and other heat sources like the toaster and portable heaters.
- Put away the kitchen knives and scissors when not in use.

BATHROOM

- Falls are the leading cause of injuries in the home, especially for young children and adults over 65. Keep your family sure-footed on the slick bathroom floor with non-slip rugs and mats.
- Keep electric razors, curling irons, blow dryers, etc. away from the water.
- Shampoos, cleaning solutions, lotions, etc., should be kept out of the reach of young children.

COMMON AREAS

- Make sure your stair railings are stable.

Staircase spindles should be about 4-inches or less between spindles to prevent children and pets from falling through.

- Keep common area floors and stairs clean, clear, and free of obstacles.
- Common areas should be well-lit to ensure visibility when entering.
- Make sure your alarms (smoke, carbon monoxide detectors) are in working order.
- Never overload electrical circuits.
- Keep unused electrical outlets covered.
- If you have hardwood floors, don't use small carpets unless they have a slip-proof backing.

OUTDOORS

- Pools should be fenced and locked to keep unsupervised children out.
- Keep gardening tools out of the reach of young children.
- Gasoline, paint thinners, insecticides, fertilizer, weed killers, etc. should be kept out of the reach of pets and children.
- Make sure your garage is properly ventilated to prevent carbon monoxide poisoning.

For more info visit the National Safety Council (NSF) at nsc.org.

August Calendar

August 7 - Purple Heart Day

August 22 - "Eat a Peach" Day

August 21-25 is National Safe at Home Week

Homeowner Tip



Skimming - It's a lifestyle

In order to have a truly pristine pool this summer, leaves and debris should be skimmed daily. If your budget allows, consider a robot vacuum that will clean the bottom of the pool for you. In addition to skimming, remember to scrub the sides of your pool to prevent algae growth. Although scrubbing is not a daily chore, it should be done every other week.

It's Easier Than You Might Think to Simplify Your Life

Every August Simplify Your Life Week is observed. It's a great time to refocus and declutter that which creates added stress or anxiety in our lives.

Set simple monthly goals. Instead of one grand New Year's resolution, break down goals into manageable chunks. Theblissfulmind.com suggests 1-3 per simple goals a month.

Start a capsule wardrobe. Simplify your wardrobe by focusing on articles of clothing you love, and ones that you enjoy wearing.

Unsubscribe from all those unwanted emails. Like most of us, your email inbox probably

consists mostly of emails from companies you used only once and really don't care about any longer.

Make your lunch the night before. This is going to result in a less rushed morning and more than likely a healthier lunch that doesn't bust your budget.

Write a to-do list before bed. This give you the chance to clear your mind before bed, and saves time in the morning.

For full article and more ways to simplify your life, visit theblissfulmind.com



This is not intended as a solicitation if your property is currently listed with another agent. These materials contain information and articles obtained from third parties. FNHW does not endorse the recommendations of any third party nor guarantee the information provided is complete or correct.

Make This Easy Peach Galette - And Don't Forget the Ice Cream!

Ingredients

- 2-3 peaches, sliced ½ inch thick
- 1 tablespoon cornstarch
- ¼ teaspoon cinnamon
- 1 sheet puff pastry
- ¼ cup sugar
- 1 egg white
- 1 teaspoon water

Instructions

Preheat oven to 400 degrees. Line a baking sheet with parchment paper.

Remove the puff pastry from freezer to thaw.

Wash and slice peaches in ¼ inch thick slices, making sure they are uniform in size.

Add all of the peach slices to a large bowl. Toss with cornstarch and cinnamon.

When puff pastry has thawed, slightly stretch pastry out on parchment paper.

Arrange the peach slices in a design on the center of the pastry leaving a 2 inch border.

Pull the pastry up around the peaches leaving the top exposed.

Sprinkle the sugar over the peaches, shaking the tray to allow the sugar to fall between the slices.

Add a teaspoon of water to egg white and stir well. Use a pastry brush to brush the edges of pastry. This will give it a golden brown shine.

Place in preheated oven and bake for 25 minutes or until puff pastry is golden brown and peaches are soft.

Allow to cool for 10 minutes before slicing.



Photo and recipe courtesy of: <https://bluesbestlife.com/>